

❖ Questions for Chapter 1

1. This chapter says: “Ancient wisdom not only teaches us how to live, it teaches us how to die. It teaches us what it means to face the inevitability of death in faith. We set our sights upon eternity and upon becoming amazing.” Have you ever come to a point in your life where you have resolved these questions about eternity for yourself? If not, why not interrupt your study of this book and do that soon?
2. Are there people in your life who you hold a grudge against? What would it take to settle this issue, and release its grip on your life and health?
3. Do you agree that there is a “*supposed to be*” ideal for a man to aspire to?
4. How might your world “*fall into place*” if you, and the men around you, were restored to what is supposed to be?
5. Do you agree that “*a solitary man is a dangerous man*”? Solitary men are common...are you one? Do you see any evidence of danger in your life?
6. Do you currently have a reservoir of relational joy in your life...a “*rhythm of joy and quiet*”? Would you be able to list a handful of people who are glad when you show up?
7. Can you envision how a *joy cocktail* could help you make the character changes you would need to become a truly amazing man?