

❖ Questions for Chapter 13

1. How can the **Shield of Faith** help us deal with the times when evil thoughts come at us unexpectedly from Satan?
2. What is your response to reading: *“Using the shield of faith means refusal to feel condemned or to feel guilty without any hope: Christ is the basis of my peace. Therefore, it is his responsibility to take me through everything.”*?
3. How can the **Helmet of Salvation** protect our minds and our ability to think clearly, and help us to face the future with joy and without fear? How have you experienced this in your life? In what ways do you need to use the helmet more effectively?
4. Since Jesus “went about doing good” and our labor is not in vain, what could you do on a practical level to do good unto others and make this a better world? To what causes is your heart attuned to, and in what ways are you uniquely gifted to contribute?
5. This chapter says that the **Sword of the Spirit** can be used defensively. What examples can you think of how you could do this when you are tempted to sin?
6. How might you use the **Sword** offensively when you are talking to others about the Lord?
7. Are you digging into the Word of God regularly so that it will readily come to mind as you need it? If not, what will it take for you to be more faithful in your devotional life?